RESEARCH Open Access



Phytochemical profile and antimicrobial activity of the leaves and stem bark of *Symphonia globulifera* L.f. and *Allophylus abyssinicus* (Hochst.) Radlk

Ben Lukubye^{1*}, Clement Olusoji Ajayi², Rapheal Wangalwa¹ and Grace Kagoro-Rugunda¹

Abstract

Introduction: Symphonia globulifera and Allophylus abyssinicus are used in the management of skin rashes and sores, cough, malaria, digestive diseases, stomach ache, wounds and helminthic infections among others in Uganda, Kenya, Ethiopia, Cameroon. This study aimed at determining the phytochemical profile and antimicrobial activity of these two plants.

Methods: The stem bark and leaves of both plants were collected from Bwindi Impenetrable National Park and air-dried under shade at room temperature. Cold maceration, decoction and infusion with methanol, water and ethyl acetate as solvents were used in phytochemical extraction. Preliminary qualitative screening and thin layer chromatography were used for phytochemical profiling. Antimicrobial activity was analysed by agar well diffusion assay, broth macro-dilution assay and fractional inhibition concentration index (FICI).

Results: The leaves and stem bark of both plants have a diverse set of phytochemical compounds of variable polarity including, tannins, alkaloids, flavonoids, saponins, quinones and anthraquinones among others. Generally, methanol and water extracts of *S. globulifera* and *A. abyssinicus* had *in-vitro* bactericidal activity against *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa* but weak fungistatic activity against *Candida albicans*. *Allophylus abyssinicus* leaf water and *S. globulifera* leaf methanol extract combination had a synergistic activity ($\Sigma FICI = 0.37$) against *S. aureus*. Similarly, *A. abyssinicus* stem bark water extract and *A. abyssinicus* leaf water extract combination had an additive effect ($\Sigma FICI = 1$) against *P. aeruginosa*.

Conclusion: The leaves and stem bark crude extracts of *S. globulifera* and *A. abyssinicus* possess a wide range of bioactive phytochemical compounds but have weak antimicrobial activity against *S. aureus, E. coli, P. aeruginosa* and *C. albicans*.

Keywords: Allophylus abyssinicus, Antimicrobial activity, Combination effect, Symphonia globulifera, Phytochemical profile

Full list of author information is available at the end of the article

Introduction

The usage of natural products of plant or animal origin for medicine dates back to prehistoric times at least 60,000 years ago [1]. Currently, 149 (88%) of the 170 member states of the world health organization (WHO) acknowledge the usage and regulation of traditional



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and you rintended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativeccommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativeccommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

^{*}Correspondence: lukubyeben@gmail.com

¹ Department of Biology, Mbarara University of Science and Technology, P.O. Box 1410, Mbarara, Uganda

medicine including herbal medicines for primary health care [2] greatly higher than the 64 (37%) member states as of the year 2000 [3]. This could indicate the growing popularity and usage of traditional medicine among the people. The past two decades have witnessed an incredible increase in acceptance and public interest in natural therapies both in developing and developed countries. This is attributed to several factors including, limited availability and accessibility of the pharmaceutical products, high prices of the drugs, side effects associated with the pharmaceutical drugs and the society's growing general disapproval of the modern pharmaceutical drugs [4]. In developing countries, the limited number of modern health care workers has contributed greatly to the continued usage of traditional medicine, for instance, the ratio of traditional healers to the population in Africa is 1:500 whereas the ratio of medical doctors to the population is 1:40,000 [5]. Due to this, the WHO has advocated for the incorporation of herbal medicine into the public health care systems of the different countries through authentication of the herbal extracts using modern scientific techniques. With the rapidly growing drug resistance especially among microorganisms, plants are potential sources of novel antibiotics and drugs but only 15% of the world's higher plants had been systematically investigated for bioactivity [6].

Symphonia globulifera L.f. belongs to a large family Clusiaceae and is widely distributed along the swamps of low land tropical rainforests of tropical countries like Madagascar, Cameroon, Uganda, Gabon, Nigeria, Panama, Brazil and Colombia [7]. In Uganda, S. globulifera mainly occurs in the Rwenzori mountains and Sango bay area [8, 9]. Symphonia globulifera L.f. has been used to treat a wide range of diseases including skin rashes and sores, cutaneous Leishmaniasis, cough, malaria, digestive diseases, diarrhea and stomach ache [7, 9, 10]. This shows the antimicrobial and antiparasitic potential of this plant. Interestingly in vitro antiparasitic studies have shown the potential of extracts and isolated compounds from the stem bark S. globulifera to significantly inhibit the growth of Plasmodium falciparum, Trypanosoma brucei and Leishmania donovani with the activity attributed to benzophenones and xanthones [10-12]. However, the phytochemical profile and the antimicrobial activity of the leaves and stem bark of this potent medicinal plant have not been investigated hence the focus of the current study.

On the other hand, *A. abyssinicus* (Hochst.) Radlk. is a medium to large-sized tree that belongs to the family *Sapindaceae* and a large genus *Allophylus* with about 255 species distributed worldwide in the tropical and subtropical regions [13]. The leaves of *A. abyssinicus* are used in the management of helminthic infections, sexually

transmitted diseases, boils [14] and skin diseases in Ethiopia [15]. The bark is used for the treatment of diarrhea, and wounds in Ethiopia [16]. The roots of *A. abyssinicus* are used in the treatment of cough in Kenya. The value of this plant is not restricted to humans alone in that the leaves of *A. abyssinicus* are often eaten by mountain gorillas in the Bwindi forest impenetrable national park hence hypothesized to be an anthelmintic self-deworming avenue [17]. Despite the above-mentioned medicinal uses of *A. abyssinicus*, only the anti-inflammatory and wound healing activity of the plant have been investigated with results showing genuine wound healing activity [14]. However, no study has been carried out to investigate the phytochemical profile and the antimicrobial activity efficacy of *A. abyssinicus* stem bark and leaf extracts.

Determination of the phytochemical profile of extracts from *S. globulifera* and *A. abyssinicus* plant parts is key to the development of a monograph for usage in the incorporation of herbal medicine into modern public health care systems. The study aimed at assessing the phytochemical composition and microbial activity of *S. globulifera* and *A. abyssinicus*. We hypothesized that there is no significant difference in the microbial activity of the stem bark and leaf extracts of *S. globulifera and A. abyssinicus* on selected microbial strains (*S. aureus*, *E. coli*, *P. aeruginosa* and *C. albicans*).

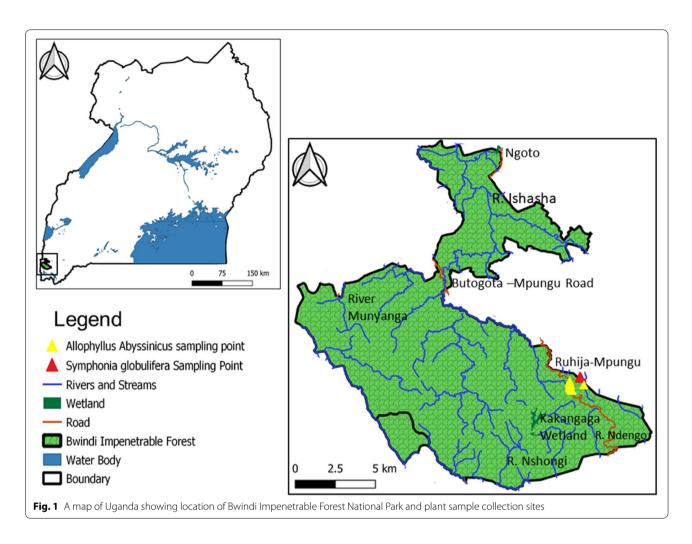
Materials and methods

Plant material collection area

The leaves and stem bark of both *S. globulifera* and *A. abyssinicus* were collected from the Ruhija sector, Bwindi Impenetrable National Park (BINP), located in south western Uganda at coordinates between latitude 0°53'S and 1°8'S and between longitude 29°35'E and 29°50'E on the eastern edge of the Albertine rift valley [18] as shown in Fig. 1 below. Permission to access the Bwindi Impenetrable National Park for sample collection and transportation was obtained from the Uganda Wildlife Authority (UWA) under reference number COD/96/05. Bwindi Impenetrable National Park was chosen purposively as the source of samples because of the availability of the selected plants but also due to the great conservation efforts.

Plant material collection

Symphonia globulifera and A. abyssinicus plants were identified with the help of a field botanist from the Institute of Tropical Forest Conservation (ITFC) from a highly conserved area with no or limited human interference. Mature healthy plants were selected as sampling units [19, 20]. The stem bark was harvested using the vertical alternate strip bark two-quarters technique [19, 21, 22]. Pruning shears were used to cut the leaves from the



same trees from which stem bark was obtained. Furthermore, confirmation of the plant identity was performed by Dr. Eunice Apio Olet Alele (plant specialist, Mbarara University of Science and Technology). Herbarium specimen were submitted to the national herbarium at Makerere University under accession numbers MHU51049 and MHU51050 for *S. globulifera* and *A. abyssinicus* respectively.

Preparation of extracts

Air-dried leaves and stem bark of *S. globulifera* and *A. abyssinicus* were independently crushed into powder using an electric grinder and extracted using water, methanol (70%) and ethyl acetate (100%) as solvents. Cold maceration was used for the extraction using ethyl acetate (100%) and methanol (70%) as solvents with an extraction time of 24 h and 48 h respectively. The decoction technique was used in the extraction of phytochemicals from the stem bark of the two plants with water as a solvent for 15 min. The infusion technique was used in the extraction of phytochemicals from the leaves with

water as a solvent for 45 min [23, 24]. The extracts were filtered using the Whatman No. 1 filter paper and the filtrate concentrated using a Rotary evaporator at 70 $^{\circ}$ C and air-dried. Air-dried extracts were placed into tightly stoppered sterile glass bottles, labelled and then stored in a refrigerator at 4 $^{\circ}$ C for further analysis.

Phytochemical screening

Qualitative phytochemical screening for saponins, alkaloids, tannins, flavonoids, terpenoids, cardiac glycosides, phlobatannins, anthraquinones, steroids, phenols, anthocyanins, quinones and chalcones in the methanol, water and ethyl acetate extracts were done following standard methods as described by [25–31].

Phytochemical profiling using Thin Layer Chromatography (TLC)

Plant extracts were dissolved in their respective extraction solvents and spotted onto the TLC Analytica plate $(20\times20\,$ cm) and left to dry. The TLC plate was then placed into the TLC tank with Hexane, Chloroform and

Methanol 6:3:1 (v/v) as the solvent system and monitored for 2 h. The different phytochemical spots were visualized under normal light and ultraviolet (UV) light at 254 nm and 365 nm separately. For visualization of phenolic compounds, the TLC plate was sprayed with concentrated sulphuric acid and then heated for 4 min for better visualization [25, 32]. The retention factor of the different components (R_f) was computed using the formula below.

Retention Factor (Rf) =
$$\frac{\text{Distance moved by the spot (cm)}}{\text{Solvent Front (cm)}}$$

Antimicrobial activity of individual plant extracts and extract combinations

Plant individual extracts namely: *S. globulifera* leaf water extract (SGLW), *A. abyssinicus* leaf water extract (AALW), *A. abyssinicus* stem bark water extract (AASW) and *S. globulifera* leaf methanol extract (SGLM) and plant extract combinations including (SGLW and AALW, SGLW and SGLM, AASW and AALW, SGLM and AASW, SGLW and AASW, AALW and SGLM) were investigated for antimicrobial activity and their combination effect. For each extract combination for example SGLW and AALW, 1 g of each extract was measured separately into the same sample bottle and dissolved to make the extract combination sample.

Standards stock cultures of *Staphylococcus aureus* ATCC 25923, *Escherichia coli* ATCC 25922 and *Pseudomonas aeruginosa* ATCC 27853 and *Candida albicans* ATCC 10231 were obtained from the Microbiology laboratory, Mbarara University of Science and Technology. The bacteria strains were sub-cultured on Mueller Hinton Agar (MHA) and incubated at 37 °C for 48 h. *Candida albicans* ATCC 10231 was sub-cultured on Sabouraud Dextrose (SDA) agar at 37 °C for 72 h. Fresh subcultures were used in the antimicrobial activity assays as described below.

Agar well diffusion assay

Agar well diffusion assay [33, 34] was used to determine the zone of inhibition for the different plant extracts and extract combinations. Plant extract stock solutions (1000 mg/ml) were prepared by dissolving, 2 g of the extract or combination into 2 ml of water for water extracts or DMSO (1%) for methanolic extracts and consequently diluted further to obtain doubling dilutions 500 mg/ml, 250 mg/ml, 125 mg/ml, 62.5 mg/ml, 31.25 mg/ml, 15.625 mg/ml, 7.8125 g/ml, 3.9062 mg/ml and 1.9531 mg/ml. The test microorganism was inoculated onto the surface of the sterile MHA (bacteria strains) and SDA (*C. albicans*). Using a micropipette, 200 μl of plant extract and extract combination solutions of known concentration (1000 mg/ml, 500 mg/ml, 500

ml, 250 mg/ml, 125 mg/ml, 62.5 mg/ml, 31.25 mg/ml, 15.625 mg/ml, 7.8125 g/ml, 3.9062 mg/ml and 1.9531 mg/ml) were put into different wells (8 mm in diameter) on freshly prepared sterile MHA and SDA plates. Fluconazole (2 mg/ml) and 200 μ l of Ciprofloxacin (1 mg/ml) were used as positive controls for the antifungal and antibacterial assays respectively. Furthermore, 200 μ l of DMSO (1%) or distilled water was placed into a free well as a solvent control and an empty well was left to act as a negative control in each assay. The plates were then incubated at 37 °C for 24 h for antibacterial activity assays and at 37 °C for 72 h for anti-fungal activity assays. After incubation, the diameter of the zone of inhibition was then measured using a ruler. The experiments were repeated in quadruplicates.

Minimum Inhibitory Concentration (MIC)

The MIC of extracts and extract combinations were determined using the broth macro dilution method [35– 37]. Stock plant extract or combination solution (1 g/ml) was prepared as described above. Stock extract or combination solution (1 ml) was placed into a Bijou bottle with Brain heart infusion broth (1 ml) to make a concentration of 500 mg/ml and then diluted into doubling dilutions using brain heart infusion broth to make extract concentrations of 500 mg/ml, 250 mg/ml, 125 mg/ml, 62.5 mg/ ml, 31.25 mg/ml, 15.625 mg/ml, 7.8125 g/ml, 3.9062 mg/ ml and 1.9531 mg/ml respectively in different Bijou bottles. These were each inoculated with 100 µl of 1.5 X 10⁸ (CFU/ml) of a specific test microorganism (S. aureus, E. coli, P. aeruginosa and C. albicans). Bijou bottles inoculated with bacteria (S. aureus, E. coli, P. aeruginosa) and Candida albicans were incubated at 37 °C for 24 h and at 37 °C for 72 h. Bijou bottles were removed and visually inspected for turbidity and growth. MIC was defined as the lowest extract concentration at which there was no visible growth. The above procedure was repeated in duplicates. The media, microorganism viability and negative control were done for each assay.

Minimum bactericidal concentration and Minimum fungicidal concentration

Bacterial and fungal inoculum within Bijou bottles with no visible growth after determination of the MIC were sub-cultured separately on freshly prepared MHA and SDA respectively and incubated at 37 °C for 48 h for bacteria and incubated at 37 °C for 72 h for *C. albicans*. The lowest concentration of the plant extracts that did not yield any colony on the solid agar after incubation was taken as the Minimum Bactericidal Concentration (MBC) and Minimum Fungicidal Concentration (MFC). The presence of growth from all sub-cultured doubling dilutions was indicative of fungistatic or bacteriostatic

activity [38]. The above procedure was repeated in duplicates.

Total antibacterial activity and total antifungal activity (TAA) were calculated following a standard formula [39, 40].

$$TAA(ml/g) = \frac{Mass\ of\ extract\ from\ 1\ gram\ of\ powder\ (mg\ per\ gram)}{MIC\ (mg\ per\ ml)}$$

The combination effect of the selected plant extracts on the selected microbial strains was studied using fractional inhibitory concentration index (Σ FIC) [41, 42]. The fractional inhibitory concentration (FIC) for each extract was calculated using the formulae below.

$$FIC^{B} = \frac{\text{MIC}(A + B)\text{combination}}{MIC(B)\text{Independently}}$$

$$FIC^{A} = \frac{MIC(A+B)combination}{MIC(A)Independently}$$

where A and B represent different plant extracts.

The fractional inhibitory concentration index (Σ FIC) was then calculated as the sum of the fractional inhibitory concentration (FIC) of both extracts using the formulae below

$$\Sigma FIC = FIC^A + FIC^B$$

Combination effect was interpreted following the fractional inhibitory concentration index scale i.e. $\Sigma FIC = \le 0.5$ was considered as synergistic interaction, and $\Sigma FIC = > 0.5 - 1.0$ was considered as additive interaction and $\Sigma FIC > 1.0 - \le 4$ was considered as noninteractive and $\Sigma FIC > 4.0$ was considered as antagonistic [41].

Data analysis

The data was analysed for descriptive statistics and presented as mean \pm SD in form of tables. One-way ANOVA and LSD Post-hoc tests were used to analyse for statistical differences in the mean zones of inhibition of the different extracts and combinations against the test microorganisms. All statistical tests were carried out at a 5% level of significance in Statistical Package for the Social Sciences (SPSS) version 23.

Results and discussion

Percentage extract yield of Symphonia globulifera and Allophylus abyssinicus extracts

The percentage yield of methanol, water and ethyl acetate extracts from the stem bark and leaves of *S. globulifera* and *A. abyssinicus* ranged from 0.75% to 25.82% with *A. abyssinicus* stem bark methanol extract (AASM) showing the highest percentage yield (25.82%) as shown in

Fig. 2. Generally, ethyl acetate showed the lowest extraction capacity (2.99%, 0.75%, 2.04% and 5.04%) compared to methanol and water for both leaves and stem bark. The difference in the percentage yield of the extracting solvent. Polar solvents like water have a high affinity for polar compounds compared to non-polar bioactive compounds [43]. The observed higher percentage yield of water and methanolic leaf and stem bark extracts from both plants in this study indicates that polar phytochemicals and bioactive compounds are readily available in the leaves of these plants compared to the non-polar compounds. Methanol has also demonstrated a higher extraction percentage yield among other plants like Severinia buxifolia (Rutaceae) [44].

Phytochemical profile of Symphonia globulifera and Allophyllus abyssinicus

Qualitative screening showed a wide range of phytochemical compounds including saponins, steroids, terpenoids, alkaloids, flavonoids, tannins, phenol, polyphenols and quinones among others occurring in higher amounts within one of the extracts of the two plants as shown in Table 1. Tannins, polyphenols and phenols were present in all methanol, ethyl acetate and water extracts of both S. globulifera and A. abyssinicus. However, saponins were only present in the methanol and water extracts of both extracts but absent in all the ethyl acetate extracts of the two plants. The phytochemical profile in any plant extract is significantly affected by the type of solvent due to differences in the polarity of the different phytochemical compounds [45]. Therefore, extraction solvents should always be selected carefully considering the polarity of the targeted bioactive compounds and that of the solvent.

Methanol has a higher extraction capacity for tannins compared to other solvents [46] and this was also proven by the observed high concentrations of tannins in methanolic extracts of leaves and stem bark of *S. globulifera* and leaves of *A. abyssinicus* (Table 1).

It was not surprising that anthraquinones were generally in low concentrations or absent in the leaves and stem bark of both *S. globulifera* and *A. abyssinicus* as they are not common within family Sapindaceae and family Clusiacea to which *S. globulifera* and *A. abyssinicus* respectively belong. Anthraquinones exist in limited groups of angiosperm families such as Fabaceae, Liliaceae, Polygonaceae, Rhamnaceae, Rubiaceae, and Scrophulariaceae [47].

The phytochemical profile of the two plants, had notable differences for example anthocyanins only occurred in the leaves and stem bark of ethyl acetate extracts

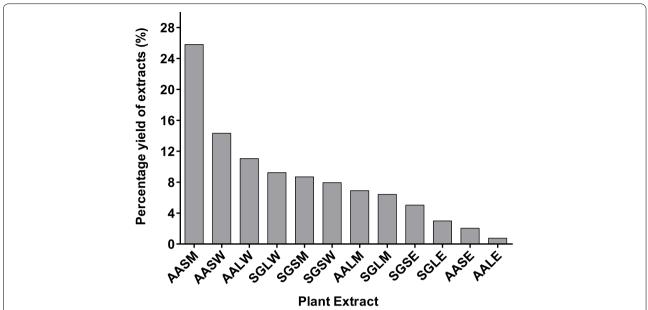


Fig. 2 Percentage Yield of Extracts. Key: AASM:-Allophylus abyssinicus Stem Bark Methanol Extract, AASW:- Allophylus abyssinicus Stem Bark Water Extract, AALW:- Allophylus abyssinicus Leaf Water Extract, SGLW:-Symphonia globulifera Leaf Water extract, SGSM:-Symphonia globulifera Stem Bark Methanol extract, SGSW:- Symphonia globulifera Stem Bark Water extract, AALM:-Allophylus abyssinicus Leaf Methanol Extract, SGLM:-Symphonia globulifera Stem Bark Ethyl Acetate extract, SGLE:- Symphonia globulifera Leaf Ethyl Acetate extract, AASE:-Allophylus abyssinicus Stem Bark Ethyl Acetate Extract, AALE:-Allophylus abyssinicus Leaf Ethyl Acetate Extract

Table 1 Phytochemical screening of the leaves and stem bark extracts of *Symphonia globulifera* and *Allophylus abyssinicus*

Phytochemical Class	SGSM	AASM	SGSE	AASE	SGSW	AASW	SGLM	AALM	SGLE	AALE	SGLW	AALW
Anthraquinone	++	+	-	++	-	++	-	+	+	-	++	++
Saponins	+++	+++	-	-	++	+++	+++	+++	-	-	++	++
Steroids	++	++	+	+++	++	+++	++	+	-	-	++	++
Chalcones	++	+	+++	-	+	+	+	-	-	-	+	+
Phlobatannins	+	+	-	+	-	+	-	++	+	-	++	++
Terpenoids	++	++	+	+++	++	+++	+++	++	-	-	++	++
Alkaloids	+++	++	-	+++	+	++	+++	++	+	+	+++	+++
Cardiac glycosides	+	-	-	++	+	+++	++	+++	+	-	+++	++
Flavonoids	++	-	+++	+++	+	-	-	++	+++	+++	+	-
Tannins	+++	++	+ + +	++	+ + +	+ + +	+ + +	+ + +	++	++	+ + +	+++
Phenol	+	+	++	+++	+	+++	+	+++	+++	+++	+	+++
Polyphenols	++	++	+ + +	+ + +	++	+ + +	+	+ + +	+ + +	+++	+	+++
Anthocyanins	-	-	++	-	-	-	-	-	+	-	-	-
Quinones	-	+	++	-	-	+	++	+++	++	+	++	+++

Key: + + + High concentration, + + Moderate concentration, + Low Concentrations,—Absent, SGSM Symphonia globulifera stem bark methanol extract, AASM Allophylus abyssinicus stem bark methanol extract, SGSE Symphonia globulifera stem bark ethyl acetate extract, AASE Allophylus abyssinicus stem bark ethyl acetate extract, SGSW Symphonia globulifera stem bark water extract, SGSW Symphonia globulifera leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, SGLM Symphonia globulifera leaf methanol extract, SGLW Symphonia globulifera leaf ethyl acetate extract, AALE Allophylus abyssinicus leaf ethyl acetate extract, SGLW Symphonia globulifera leaf water extract, AALW Allophylus abyssinicus leaf water extract.

of *S. globulifera* but not in *A. abyssinicus*, as shown in Table 1. This was not surprising as the composition of these secondary metabolites in plants varies from species

to species [47]. The inability of methanol and water to extract the anthocyanins compounds from *S. globulif-era* was due to the high polarity of these solvents which

increases the polarity difference between anthocyanins and the solvent [48].

Quinones were mainly concentrated in the leaf extracts of *S. globulifera* and *A. abyssinicus* compared to the stem bark. This concentration can be attributed to their role as electron carriers during the process of photosynthesis hence their high concentration in the leaf, an organ specialized to synthesize food for the plant [49].

Thin layer chromatography (TLC) also showed a wide diversity of secondary metabolite compounds in the extracts of both A. abyssinicus and S. globulifera leaves and stem bark as determined using Hexane: Chloroform: Methanol 6:3:1 (v/v) solvent system. Generally, normal light visualization revealed a low number of compounds compared to Ultraviolent light. The increase in the number of spots was due to the fluorescence of the separated compounds when hit by Ultraviolent light hence making them more visible. Under normal light, A. abyssinicus leaves ethyl acetate extract showed the highest number of compounds (8 compounds) with retention factor (R_t) values ranging from 0.347 to 0.972. However, S. globulifera leaves ethyl acetate extract had the highest number of compounds upon visualization with 245 nm (10 compounds) and 365 nm UV-light (11 compounds), with retention factor (R_f) values ranging from 0.083 to 0.889 and 0.097 to 0.903 respectively. The wide range of retention factor values is indicative of the presence of compounds of different polarities in the same extract i.e. highly polar, highly non-polar and moderately polar. Other studies [25, 50, 51] have also shown the presence of compounds of different polarity within plant extracts. The variation in the retention factor is very important in selecting the most appropriate solvent system for further purification and isolation of the bioactive compounds within the plant extract.

TLC also revealed that the two plants shared common phytochemical compounds for example A. abyssinicus leaf methanol extract and S. globulifera leaves ethyl acetate extract both had compounds with retention factors 0.069, 0.097, 0.333, 0.903 (Table 2). Similarly, S. globulifera stem bark water extract and A. abyssinicus stem bark ethyl acetate extract both had a compound with the same retention factor (0.082) despite them belonging to different species. This may be attributed to the fact that both S. globulifera and A. abyssinicus are higher plants and share many metabolic pathways hence yielding the same compounds. It is also important to note that both plants were collected from the same tropical ecological and climatic conditions of Bwindi Impenetrable Forest National Park. The methanolic and water extracts of *A. abyssinicus* stem bark upon visualization under 365 nm revealed homogenous spots contrary to the many phytochemical groups reported present according to preliminary phytochemical screening (Table 1). Homogenous spots have also been reported from extracts of *Lecuas aspera* [52], *Cordia milleni* [51].

Upon spraying the TLC plate with concentrated sulphuric acid and heating the TLC plate, it confirmed the presence of phenolic compounds in all plant extracts. This was agreeing with the preliminary phytochemical screaming which showed the presence of phenols in all extracts and phenolic compounds like flavonoids and tannins among others as in Table 1. Allophylus abyssinicus leaves ethyl acetate extract had the highest number of phenolic compounds (11 compounds) with Rf values ranging from 0.083 to 0.958 followed by S. globulifera stem bark ethyl acetate (9 compounds) with Rf values of 0.055 to 0.959. Homogenous spots were observed for S. globulifera stem bark water extract, A. abyssinicus stem bark water extract, A. abyssinicus stem bark methanol extract, S. globulifera stem bark methanol extract and S. globulifera leaves methanol extract. The concentrations and composition of phenolic metabolites in plants are influenced by many factors, including soil and climatic conditions [53]. It has been reported that highly polar solvents like water and methanol are more effective in the extraction of a large amount of phenolic contents plants [54], however, in this study we note the high ability of ethyl acetate, a moderately polar solvent in extracting a high number of phenolic compounds with different retention factor values compared to the highly polar methanol and water.

The various identified phytochemical compounds have been recorded to have antimicrobial activity [55–59]. It was therefore expected that all extracts of *S. globulifera* and *A. abyssinicus* should have antimicrobial activity.

Antimicrobial activity of *Symphonia globulifera* and *Allophyllus abyssinicus* plant extracts and extract combinations

Antimicrobial Zones of Inhibition

Methanol and water extracts of S. globulifera and A. abyssinicus and selected combinations showed inhibition against S. aureus, E. coli and P. aeruginosa as summarised in Tables 3, 4 and 5 respectively. The antimicrobial activity of these extracts is attributed to the presence of bioactive compounds like tannins, flavonoids and alkaloids among others. Plant secondary metabolites have therapeutic action against pathogens and parasites [60, 61]. Allophylus abyssinicus leaf water extract (AALW) had the highest mean zone of inhibition against S. aureus at concentrations of 1000 mg/ml, 500 mg/ml, 250 mg/ ml, 125 mg/ml and 62.5 mg/ml $(31.25\pm0.50$ mm, 30.00 ± 0.00 mm, 27.25 ± 0.50 mm, 24.00 ± 1.15 mm, 19.00 ± 0.00 mm respectively), followed by *A. abyssinicus* stem bark water extract (AASW) while extract combination (S. globulifera leaf water extract and A. abyssinicus

Table 2 Thin layer chromatography finger print of the stem bark and leaves' extracts of Symphonia globulifera and Allophylus abyssinicus

Extract Number	Under No	rmal light		Under 245	5 nm	Under 365	nm
(Code)	Spots	Spot Color	Retention factor (R _f)	Spots	Retention factor (R _f)	Spots	Retention factor (R _f)
1 (SGLM)	1	Yellowish Brown	0.085	2	0.085	2	0.056
					0.887		0.099
4 (AALM)	5	Light Green	0.389	5	0.097	8	0.069
		Yellowish Green	0.431		0.403		0.097
					0.431		0.167
		Green	0.458		0.472		0.333
		Yellowish Green	0.847		0.861		0.417
							0.472
		Light Green	0.889				0.875
							0.903
2 (SGLE)	7	Yellow Brown	0.306	10	0.083	11	0.069
					0.222		0.097
		Light Green	0.375		0.333		0.208
		Yellowish Green	0.417		0.361		0.333
					0.417		0.389
		Green	0.444		0.444		0.444
		Light Yellow	0.667		0.569		0.514
		Yellowish Green	0.875		0.583		0.583
					0.861		0.681
		Green	0.889		0.889		0.889
							0.903
5 (AALE)	8	Yellow Brown	0.347	8	0.333	8	0.056
		Green	0.375		0.361		0.083
		Dark Green	0.417		0.417		0.361
		Yellow	0.667		0.444		0.403
		Light Orange	0.778		0.583		0.431
		Yellow green	0.861		0.861		0.639
		Dark green	0.903		0.903		0.861
		Yellow	0.972		0.958		0.903
3 (SGLW)						4	0.083
,							0.139
							0.292
							0.486
6 (AALW)				1	0.083	2	0.056
,							0.083
1'SGSM)				1	0.083	4	0.069
,							0.111
							0.417
							0.556
4' AASM)						1	0.083

Table 2 (continued)

Extract Number	Under No	rmal light		Under 245	i nm	Under 365	nm
(Code)	Spots	Spot Color	Retention factor (R _f)	Spots	Retention factor (R _f)	Spots	Retention factor (R _f)
2' (SGSE)	4	Orange brown	0.384	3	0.055	9	0.055
		Orange brown	0.493		0.466		0.096
		Yellow Green	0.671		0.630		0.219
		Light Yellow	0.890				0.397
							0.466
							0.630
							0.699
							0.822
							0.890
5' (AASE)	1	Light Green	0.890	3	0.055	4	0.082
					0.438		0.425
					0.877		0.548
							0.781
3'SGSW)						2	0.082
							0.438
6'AASW)				1	0.055	1	0.096

Key: SGLW Symphonia globulifera leaf water extract, SGLE Symphonia globulifera leaf ethyl acetate extract, SGSM Symphonia globulifera stem bark water extract, SGSE Symphonia globulifera stem bark ethyl acetate extract, SGSM Symphonia globulifera stem bark methanol extract, AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf ethyl acetate extract, AASW Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark ethyl acetate extract

leaf water extract) had the lowest mean zone of inhibition at each of the same concentrations against S. aureus. The high activity of A. abyssinicus leaf water extract compared to other extracts could be due to the presence of quinones, alkaloids, polyphenols, and phenols in high concentrations in this extract and the other phytochemical groups in moderate concentrations. The high activity of water extracts observed in this study also justifies the usual practice of traditional medicine practitioners of preparing herbal medicine using water as the main solvent. Quinones exert interesting antibacterial activity against S. aureus by donating free radicals which form irreversible complexes with amino acids in proteins hence easily attacking the cell walls and membrane enzymes of gram-positive bacteria like S. aureus to inactivation [62, 63]. Crude extracts from other *Allophylus* species like *A*. cobbe and A. serratus showed the maximum zone of inhibition in the range of 20-23 mm, comparatively less than standard antibiotic Cefotaxime against S. aureus [13]. Oliveira and collegues [64] also demonstrated larger zone of inhibition of aqueous extracts of S. globulifera against *S. aureus* relatable to those shown in this study (Table 3). The significantly higher zones of inhibition of the aqueous leaf extracts of both A. abyssinicus and S. globulifera than the stem bark extracts respectively against *S. aureus* is highly advantageous in sustainable utilization and conservation of the two plants. The collection of leaves for herbal medicine causes less damage to plants compared to the harvesting of the stem bark because the stem bark takes long periods to heal. Increasing demand and destructive harvesting of stem bark rather than leaves has led to the depletion of several valuable medicinal trees and threatens the continued availability of medicinal products from these trees [22].

The methanolic, water extracts and selected combinations of S. globulifera and A. abyssinicus also inhibited the growth of E. coli as shown in Table 4. At concentrations of 1000 to 250 mg/ml A. abyssinicus leaf water extract showed the largest zone of inhibition against E. coli $(26.75\pm0.96 \text{ mm}, 22.00\pm0 \text{ mm} \text{ and } 20.00\pm0 \text{ mm})$. This shows the presence of bioactive compounds with activity against gram-negative bacteria like E. coli. However, AALW showed a smaller zone of inhibition against E. coli compared to S. aureus. This reduced activity against gram-negative E. coli was not surprising as plant extracts are usually more active against gram-positive bacteria than gram-negative bacteria due to structural differences in the cell wall. Gram-negative bacteria possess an outer membrane with a hydrophilic surface that functions as a permeability barrier against many natural compounds [65].

Table 3 Mean ± SD Zone of Inhibition of Symphonia globulifera and Allophylus abyssinicus extracts and combinations against Staphylococcus aureus

Extract	Mean±SD Zon	Mean $\pm\text{SD}$ Zone of Inhibition (mm) of Staphylococcus aureus	nm) of Staphylocα	occus aureus							
	1000 mg/ml	500 mg/ml	250 mg/ml	125 mg/ml	62.5 mg/ml	31.25 mg/ml	15.62 mg/ml	7.81 mg/ml	3.90 mg/ml	1.95 mg/ml	Ciproflo xacin
AALW	31.25±0.50 ^a	30.00±0.00ª	27.25 ± 0.50 ^a	24.00±1.15 ^a	19.00±0ª	7.25 ± 0.50 ^{cd}	3.75±0.50 ^{cd}	0	0	0	20.50±3.10
AALM	19.00 ± 0.00^{de}	14.50 ± 1.00^{9hi}	12.25 ± 0.96^{fg}	11.00±0 ^{df}	$8.50 \pm 0.56^{\rm e}$	7.00 ± 0.00^{d}	3.00±0.82 ^{de}	0.75 ± 0.96^9	0	0	24.00 ± 0.81
AASW	26.75 ± 1.50^{b}	24.50 ± 0.58^{b}	21.75 ± 0.50^{6}	19.75 ± 1.70^{b}	15.00 ± 0.00^{b}	9.75 ± 0.50^{a}	7.00 ± 0.82^{a}	3.25 ± 0.96^{ab}	0	0	20.25 ± 0.50
AASM	$17.75 \pm 0.96^{\rm eg}$	$15.00 \pm 0.82^{\text{fh}}$	12.00 ± 0^{fg}	$10.75 \pm 0.96^{\text{ef}}$	$8.75 \pm 0.96^{\text{e}}$	7.25 ± 0.50 ^{cd}	4.75 ± 0.96^{b}	1.00 ± 1.41^{fg}	0	0	27.00 ± 0.82
SGLW	$22.75 \pm 0.96^{\circ}$	$17.25 \pm 0.50^{\circ}$	14.75 ± 0.50^{d}	12.00 ± 0^{d}	10.50 ± 0.58^{d}	8.00 ± 0^{bc}	6.25 ± 0.96^{a}	2.75 ± 0.50^{bd}	0	0	32.50 ± 1.00
SGLM	20.25 ± 0.50^{d}	$16.00 \pm 0.00^{\text{def}}$	12.00 ± 0^{fg}	10.00 ± 0.82^{fg}	5.00 ± 0.00^{9}	3.00 ± 0.82^{9}	0	0	0	0	27.00 ± 0.00
SGSW	18.25 ± 0.96^{e}	15.25 ± 0.96^{fg}	12.75 ± 0.96^{ef}	10.00 ± 1.41^{fg}	7.00 ± 0.00^{f}	5.25 ± 0.50^{f}	$3.50\pm0.58^{\text{ce}}$	1.25 ± 1.26^{fg}	0	0	24.00 ± 0
SGSM	18.00 ± 0.82^{ef}	16.50 ± 0.58^{ce}	12.50 ± 0.58^{eg}	10.00 ± 0^{19}	7.00 ± 0.82^{f}	3.75 ± 0.96	$3.00\pm0.82^{\rm de}$	0	0	0	24.75 ± 0.96
SGLW + AALW	15.00 ± 0.82^{i}	12.25 ± 0.96^{k}	10.25 ± 0.96^{h}	6.75 ± 0.50	5.00 ± 0.00^9	3.00 ± 0.82^{9}	0	0	0	0	18.25 ± 0.96
SGLW + SGLM	18.25 ± 0.96^{e}	14.75 ± 0.96^{9h}	12.75 ± 0.50^{ef}	9.25 ± 0.50^{gh}	6.75 ± 0.50^{f}	$6.00\pm0^{\mathrm{ef}}$	4.25 ± 0.96^{bc}	$1.75 \pm 0.50^{\text{deg}}$	0	0	22.25 ± 1.71
AASW+AALW	15.50 ± 1.29^{hi}	$13.00\pm0.82^{\mathrm{k}}$	12.00 ± 0.00^{fg}	11.25 ± 0.96^{de}	10.00 ± 8.62^{d}	8.75 ± 0.50^{b}	7.00 ± 0.00^{a}	4.25 ± 0.50^{a}	1.50 ± 0.57^{ab}	0	22.75 ± 0.97
SGLM + AASW	15.25 ± 1.50^{i}	12.75 ± 0.96^{ik}	10.25 ± 0.50^{h}	8.25 ± 0.50^{h}	7.00 ± 0.00^{f}	5.75 ± 0.96^{f}	$3.50\pm0.58^{\text{ce}}$	2.00 ± 0.82 ^{cdef}	$0.75 \pm 0.50^{\circ}$	0	25.75 ± 1.26
SGLW + AASW	$17.75 \pm 0.96^{\rm eg}$	16.75 ± 0.50^{cd}	$15.75 \pm 0.50^{\circ}$	14.00 ± 0€	11.50 ± 1.29^{c}	7.25 ± 0.96 ^{cd}	4.25 ± 0.50^{bc}	2.50 ± 0.58^{be}	1.00 ± 0.82^{bc}	0	22.00±0
AALW+SGLM	16.75 ± 0.50^{fgh}	13.50±1.29 ^{ij}	13.00±0 ^e	11.25 ± 0.96^{de}	9.75 ± 0.50^{d}	$6.75 \pm 0.50^{\text{de}}$	5.00 ± 0.82^{b}	3.00 ± 0.82^{bc}	2.00 ± 0.82^a	0	23.50±1.00

a -in columns mean values sharing a superscript letter are not significantly different (p > 0.05) as based on the LSD multiple Comparison test

AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract, SGLW Symphonia globulifera stem bark methanol extract som bark water extract, SGSM Symphonia globulifera stem bark methanol extract

Table 4 Mean ± SD Zone of Inhibition of Sy*mphonia globulifera* and *Allophylus abyssinicus* extracts and combinations against *Escherichia coli*

Extract	Mean±SD Zon	Mean \pm SD Zone of Inhibition (mm) of Esc	nm) of Escherichia coli	a coli							
	1000 mg/ml	500 mg/ml	250 mg/ml	125 mg/ml	62.5 mg/ml	31.25 mg/ml	15.62 mg/ml	7.81 mg/ml	3.90 mg/ml	1.95 mg/ml	Cipro floxacin
AALW	26.75 ± 0.96 ^a	22.00±0ª	20.00±0ª	15.25 ± 0.96^{a}	10.25 ± 0.50 ^b	8.00 ± 0.00 ^b	4.50±0.58 ^a	1.00 ± 0.82 ^a	0	0	37.00±0
AALM	20.25 ± 0.50^{d}	13.75±0.96 ^e	12.00±0 ^d	9.00±0 ^f	$8.50 \pm 0.58^{\circ}$	7.00 ± 0.82^{b}	4.00±0 ^{ab}	1.25 ± 0.50^{a}	0	0	36.50 ± 1.00
AASW	22.00 ± 0^{bc}	17.00 ± 0^{d}	11.25 ± 0.96^{de}	6.75 ± 0.50^9	4.00±0 ^f	1.75 ± 0.50	0	0	0	0	37.00 ± 0.00
AASM	13.00 ± 0.82^{h}	8.75 ± 0.96^{h}	6.75 ± 0.50^{9}	3.50 ± 0.58^{h}	2.25 ± 0.50^9	0	0	0	0	0	32.75 ± 0.96
SGLW	26.00 ± 0.82^{a}	20.25 ± 0.50^{b}	16.25 ± 0.50^{b}	14.75 ± 0.50^{a}	12.00 ± 0^{a}	9.25 ± 0.96^{a}	4.50 ± 0.58^{a}	0	0	0	34.00 ± 2.45
SGLM	22.75 ± 0.96^{b}	19.00 ± 0.82^{c}	8.00 ± 1.83^{9}	0	0	0	0	0	0	0	32.00 ± 0.82
SGSW	15.75 ± 0.96^{ef}	9.75 ± 0.96^{9}	4.50 ± 1.29^{i}	2.25 ± 0.50^{i}	0	0	0	0	0	0	32.50 ± 1.0
SGSM	13.25 ± 0.50^{gh}	6.75 ± 0.50^{i}	4.25 ± 0.50^{i}	0	0	0	0	0	0	0	32.75 ± 0.96
SGLW + AALW	$16.25 \pm 0.96^{\circ}$	13.25 ± 0.50^{e}	12.00 ± 0^{d}	10.25 ± 0.50 ^{cd}	7.50 ± 1.00^{d}	$4.25 \pm 2.50^{\text{def}}$	0	0	0	0	34.00 ± 2.45
SGLW + SGLM	20.75 ± 1.50^{cd}	16.75 ± 0.96^{d}	13.75 ± 1.26^{c}	9.25 ± 0.50^{ef}	5.75 ± 1.50^{e}	0	0	0	0	0	38.50 ± 2.38
AASW+AALW	14.50 ± 0.58^{19}	12.25 ± 0.50^{f}	11.00 ± 0.82^{df}	$10.00 \pm 0.82^{\text{de}}$	7.00 ± 0.82^{d}	5.00 ± 0.82^{ce}	4.00±0 ^{ab}	1.25 ± 0.96^{a}	0	0	35.00 ± 2.45
SGLM + AASW	20.00 ± 0.82^{d}	18.50±0.58€	$14.75 \pm 0.96^{\circ}$	11.25 ± 0.50^{b}	7.75 ± 0.50^{cd}	$5.50 \pm 0.58^{\circ}$	3.50 ± 0.58^{b}	0	0	0	32.75 ± 0.96
SGLW + AASW	20.25 ± 1.26^{d}	18.25 ± 0.50^{c}	14.00±0 ^c	11.00 ± 0.82^{bc}	$8.50 \pm 0.58^{\circ}$	5.25 ± 0.96 ^{cd}	2.75 ± 1.26^{c}	0	0	0	36.00 ± 1.83
AALW + SGLM	16.50 ± 1.29^{e}	13.00 ± 0.82^{ef}	10.50 ± 1.00^{ef}	7.25 ± 0.50^9	$5.25 \pm 0.96^{\rm e}$	3.50 ± 0.58^{f}	1.75 ± 0.50	0	0	0	34.50 ± 3.00
a – i – e	1	de la companya de la	Alle . dance Dimmis den	9-11	2	J. C. C.	1004				

 $\frac{1}{2}$ In columns mean values sharing a superscript letter are not significantly different (p>0.05) as based on the LSD multiple Comparison test

AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, AASW Allophylus abyssinicus leaf water extract, AASM Allophylus abyssinicus stem bark methanol extract, SGIW Symphonia globulifera leaf water extract, SGSM Symphonia globulifera stem bark water extract, SGSM Symphonia globulifera stem bark methanol extract

Table 5 Mean ± SD Zone of Inhibition of Symphonia globulifera and Allophylus abyssinicus extracts and combinations against Pseudomonas aeruginosa

Extract	Mean ± SD Zon	Mean \pm SD Zone of Inhibition (mm) of Pseudomonas aeruginosa	nm) of Pseudom	onas aeruginosa							
	1000 mg/ml	500 mg/ml	250 mg/ml	125 mg/ml	62.5 mg/ml	31.25 mg/ml	15.62 mg/ml	7.81 mg/ml	3.90 mg/ml	1.95 mg/ml	Cipro floxacin
AALW	24.75 ± 1.89 ^{ac}	15.00±2.16 ^{efg}	10.75±0.50 ^d	6.75±0.50 ⁹	4.25 ± 0.50	2.50±0.58 ^d	0.75±0.50 ^d	0	0	0	21.75 ± 1.26
AALM	19.75 ± 0.96^{ef}	15.75 ± 0.50^{df}	10.75 ± 0.50^{d}	4.25 ± 1.50^{hi}	3.00 ± 0.00	1.00±0.82 ^e	0	0	0	0	16.75 ± 0.50
AASW	$20.25 \pm 0.96^{\rm e}$	16.50 ± 1.00^{d}	14.00 ± 0.82^{b}	12.00 ± 0^{b}	9.00 ± 0.82^{c}	5.50±1.29 ^b	$2.25 \pm 0.50^{\circ}$	0.75 ± 0.50^{b}	0	0	21.00 ± 0.82
AASM	19.50 ± 1.00^{e9}	15.50 ± 0.58^{dg}	13.00±0 ^{bc}	10.75 ± 0.96 ^{cd}	$8.75 \pm 0.50^{\circ}$	5.00 ± 0.82^{b}	4.00±1.63ª	3.25 ± 0.96^{a}	0.50 ± 0.00^{a}	0	21.75 ± 0.96
SGLW	24.00±1.41 ^{bcd}	21.00 ± 0.82^{a}	16.75 ± 0.96^{a}	14.25 ± 0.96^{a}	11.25 ± 0.50^{a}	3.50±0.58 ^{cd}	0	0	0	0	17.00 ± 0.82
SGLM	$16.25 \pm 1.26^{\text{h}}$	11.00 ± 0.82^{h}	$6.50 \pm 0.58^{\circ}$	4.00 ± 0.82^{hj}	2.00 ± 0.82^{f}	$1.25 \pm 0.50^{\circ}$	0	0	0	0	20.75 ± 0.96
SGSW	$16.25 \pm 0.96^{\text{h}}$	13.25 ± 0.50	7.00 ± 0.82^{e}	3.25 ± 0.50^{ij}	0	0	0	0	0	0	17.50 ± 1.29
SGSM	16.00 ± 0.82^{h}	10.75 ± 0.96^{h}	7.00 ± 0.82^{e}	4.50 ± 0.58^{h}	1.75 ± 0.96^{f}	$0.75 \pm 0.50^{\circ}$	0	0	0	0	20.75 ± 0.96
SGLW + AALW	25.75 ± 1.50^{a}	20.75 ± 0.96^{ab}	16.25 ± 0.50^{a}	12.75 ± 0.96^{b}	10.25 ± 0.50^{b}	7.00 ± 1.41^{a}	3.75 ± 0.50^{ab}	1.50 ± 0.58^{b}	0	0	19.00 ± 0.82
SGLW + SGLM	23.00 ± 0.82^{d}	15.75 ± 0.96^{df}	12.25 ± 0.50^{c}	$9.25 \pm 0.50^{\circ}$	6.25 ± 0.96^{de}	3.50±0.58 ^{cd}	0	0	0	0	17.75 ± 0.50
AASW+AALW	$20.25 \pm 0.96^{\rm e}$	16.00 ± 0^{de}	13.75 ± 0.50^{b}	11.75 ± 0.50^{bc}	9.00 ± 0.82^{c}	5.00 ± 1.16^{b}	3.00±0 ^{bc}	1.50 ± 0.56^{b}	0.50 ± 0.58^{a}	0	21.00 ± 0.82
SGLM + AASW	23.00 ± 0.00^{d}	$19.25 \pm 0.96^{\circ}$	13.75 ± 1.50^{b}	10.00 ± 0.00^{de}	7.00 ± 0.82^{d}	$3.75 \pm 0.50^{\circ}$	1.25 ± 0.96^{d}	0	0	0	20.75 ± 0.96
SGLW + AASW	18.25 ± 0.50^{fg}	15.50 ± 1.00^{dg}	12.00 ± 0.82^{c}	8.00 ± 0.82^{f}	$5.75 \pm 0.50^{\rm e}$	3.50±0.58 ^{cd}	1.25 ± 0.96^{d}	0	0	0	20.25 ± 0.50
AALW+SGLM	25.25 ± 2.22^{ab}	19.50 ± 1.00^{bc}	16.75 ± 0.96^{a}	12.25 ± 0.96^{b}	10.75 ± 0.50^{ab}	0	0	0	0	0	21.25 ± 0.96
				1000		(

 $\frac{a-i}{l}$ In columns mean values sharing a superscript letter are not significantly different (p>0.05) as based on the LSD multiple Comparison test

AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract, SGLW Symphonia globulifera stem bark water extract, SGSM Symphonia globulifera stem bark methanol extract

This study presents novel evidence of growth inhibition of P. aeruginosa by S. globulifera and A. abyssinicus. Extract combinations (S. globulifera leaf water extract and A. abyssinicus leaf water extract, A. abyssinicus leaf water extract and S. globulifera leaf methanol extract) generally showed the largest zones of inhibition against P. aeruginosa compared to the individual single extracts (Table 5). Pseudomonas aeruginosa is highly resistant and easily acclimates to the new environment, which probably explains its minimal susceptibility to individual plant extracts. P. aeruginosa has a large genome size ranging between 5.5–7 Mbp which enables it to encode for a large proportion of regulatory enzymes important for metabolism, transportation and efflux of organic compounds hence metabolic versatility and high adaptability potential to environmental stresses [66]. Among the individual extracts, at 1000 mg/ml, A. abyssinicus leaf water extract showed the highest zone of inhibition $(24.75 \pm 1.89 \text{ mm})$ against P. aeruginosa but this was not significantly different from the mean zone of inhibition by S. globulifera leaf water extract (24.00 \pm 1.41 mm), this trend may be attributed to common phytochemical compounds like tannins and alkaloids in higher concentrations in both extracts. Tannins have a highly selective action for P. aeruginosa with a bacteriostatic mode of action by impairing its adhesion onto surfaces [67]. Alkaloids from leaves of the Callistemon citrinus could inhibit ATP-dependent transport efflux pumps in *P. aeruginosa* [57].

The plant extracts of A. abyssinicus and S. globulifera showed small zones of inhibition at high concentrations (1000 mg/ml and 500 mg/ml) against the growth of C. albicans as shown in Table 6. At 1000 mg/ ml of extracts, SGSM had the highest zone of inhibition $(13.00 \pm 1.41 \text{ mm})$ against *C. albicans* and AASW had the lowest mean zone of inhibition $(5.75 \pm 6.28 \text{ mm})$ against C. albicans. This minimal anti-Candida albicans activity from the extracts of A. abyssinicus and S. globulifera may be caused by low and moderate concentrations of anthraquinones, chalcones and anthocyanins within the extracts. Anthraquinones, chalcones and anthocyanins possess antifungal activity properties [68]. All four methanolic extracts of the two plants inhibited the growth of C. albicans unlike the water extracts, this is indicative of the high capacity of methanol to extract antifungal phytochemicals compared to water. Methanolic extracts of plants like Lamiaceae species and Papaver rhoeas L. have shown strong antifungal activity against *Candida* species, Fusarium species and Aspergillus species [69, 70].

Antimicrobial Minimum Inhibitory concentration

The MICs' of extracts against *S. aureus*, *E. coli* and *P. aeruginosa* ranged from 7.81 mg/ml to 31.25 mg/ml, 7.81 mg/ml to 250 mg/ml and 3.90 mg/ml to 125 mg/ml respectively as shown in Table 7 . Generally, extract combinations showed the lowest MICs values against *S. aureus*, *E. coli* and *P. aeruginosa* ranging from

Table 6 Mean ± SD Zone of Inhibition of *Symphonia globulifera* and *Allophylus abyssinicus* Extracts and Combinations against Candida albicans

Extract	Mean ± SD Dia	ametric Zone	of Inhibiti	on (mm) o	of Candido	a albicans		,			Fluconazole
	1000 mg/ml	500 mg/ml	250 mg/ml	125 mg/ml	62.5 mg/ml	31.25 mg/ml	15.62 mg/ml	7.81 mg/ml	3.90 mg/ml	1.95 mg/ml	
AALW	0	0	0	0	0	0	0	0	0	0	32.75 ± 0.96
AALM	11.25 ± 0.96^{ac}	3.25 ± 0.96^{a}	0	0	0	0	0	0	0	0	32.00 ± 0.00
AASW	5.75 ± 6.28^{e}	4.00 ± 4.28^{a}	0	0	0	0	0	0	0	0	33.00 ± 0.83
AASM	12.00 ± 0.82^{ab}	2.75 ± 1.50^{a}	0	0	0	0	0	0	0	0	33.50 ± 1.00
SGLW	0	0	0	0	0	0	0	0	0	0	35.00 ± 2.45
SGLM	7.25 ± 0.50^{de}	0	0	0	0	0	0	0	0	0	45.00 ± 0
SGSW	0	0	0	0	0	0	0	0	0	0	37.75 ± 0.96
SGSM	13.00 ± 1.41^{a}	0	0	0	0	0	0	0	0	0	43.25 ± 2.50
SGLW + AALW	0	0	0	0	0	0	0	0	0	0	33.25 ± 0.96
SGLW + SGLM	0	0	0	0	0	0	0	0	0	0	33.00 ± 0.82
AASW + AALW	0	0	0	0	0	0	0	0	0	0	33.25 ± 0.96
SGLM + AASW	0	0	0	0	0	0	0	0	0	0	33.25 ± 1.26
SGLW + AASW	9.00 ± 0.82^{bcd}	5.25 ± 0.96^{a}	0	0	0	0	0	0	0	0	33.50 ± 0.58
AALW + SGLM	9.00 ± 0.82^{bcd}	5.25 ± 096^{a}	0	0	0	0	0	0	0	0	34.00 ± 0.00

a – j In columns mean values sharing a superscript letter are not significantly different (p > 0.05) as based on the LSD multiple Comparison test

AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract, SGLW Symphonia globulifera leaf water extract, SGLM Symphonia globulifera leaf methanol extract, SGSW Symphonia globulifera stem bark water extract, SGSM Symphonia globulifera stem bark methanol extract

Table 7 The minimum inhibitory concentration (MIC) of singular *Symphonia globulifera* and *Allophylus abyssinicus* extracts and their combinations

Extract	Minimum Inhibitory Co	ncentration (mg/ml)		
	Staphylococcus aureus ATCC 25,923	Escherichia coli ATCC25922	Pseudomonas aeruginosa ATCC 27,853	Candida albicans ATCC 10,231
AALW	15.62	7.81	7.81	N/A
AALM	7.81	7.81	31.25	500.00
AASW	7.81	31.25	7.81	500.00
AASM	7.81	62.50	3.90	500.00
SGLW	7.81	15.62	31.25	N/A
SGLM	31.25	250.00	31.25	1000.00
SGSM	15.62	250.00	31.25	1000.00
SGSW	7.81	125.00	125.0	N/A
SGLW + AALW	31.25	31.25	7.81	N/A
SGLW + SGLM	7.81	15.62	31.25	500.00
AASW+AALW	3.90	7.81	3.90	N/A
SGLM + AASW	3.90	15.62	15.62	N/A
SGLW + AASW	3.90	15.62	15.62	1000.00
AALW+SGLM	3.90	15.62	62.50	500.00
Ciprofloxacin (µg/ml)	0.26	0.02	0.02	N/A
Fluconazole (µg/ml)	N/A	N/A	N/A	4.00

Key: N/A No antimicrobial activity, AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract, SGLW Symphonia globulifera leaf water extract, SGLM Symphonia globulifera leaf methanol extract, SGSM Symphonia globulifera stem bark water extract

3.90 mg/ml to 31.25 mg/ml, 7.81 mg/ml to 31.25 mg/ ml and 3.90 mg/ml to 6.25 mg/ml respectively (Table 7) indicative of possible synergistic activity between the extracts. Extract combinations (AASW and AALW, SGLM and AASW, SGLW and AASW, AALW and SGLM) had a homogenous, lowest MIC (3.90 mg/ ml) against S. aureus. Similarly, the combination of A. abyssinicus stem bark water extract and A. abyssinicus leaves water extract (AASW & AALW) had the lowest MIC (7.81 mg/ml and 3.90 mg/ml) against both E. coli and P. aeruginosa respectively. The higher antibacterial activity of extract combinations than single extracts justifies the practice of using more than one plant for the development of herbal therapeutics by herbal medicine practitioners. The therapeutic value of synergistic interactions is relied upon by herbal healing systems to obtain enhanced efficacy against ailments [41]. The MIC of the methanolic extracts of S. globulifera leaves and stem bark (15.62 mg/ml) against S. aureus in the current study were relatively higher than that of the methanol extract of the seeds of S. globulifera (MIC=0.3 mg/ml) as reported by Lenta and collegues [71]. This low antimicrobial activity of the S. globulifera extracts of the current study compared to Lenta and collegues [71] can be due to differences in phytochemical composition as a result of differences in soil types and climate between the Bwindi Impenetrable forest, Uganda and the North-west province of Cameroon. *Symphonia globulifera* has a variety of isolated compounds with good anti- *Staphylococcus aureus* activity compared to the crude methanol extracts in the current study, for example, Biflavonoïd GB2, Manniflavanone GB3, Globulixanthone F, have lower MICs' 8.50 μg/ml, 8.50 μg/ml and 4.50 μg/ml respectively against *S. aureus* [72]. However, the mode of action whether bacteriostatic or bactericidal of these compounds remains unknown.

All extracts and combinations except AALM had lower MIC against *S. aureus* than *E. coli* indicating a stronger antimicrobial activity against *S. aureus* than *E. coli* possibly due to the presence of an outer membrane in the cell wall of *E. coli*, that acts as a permeability barrier preventing the penetration of the bioactive compound into *E. coli* cells. Lower MIC values of plant extracts against *S. aureus* compared to *E. coli* have also been reported [73, 74].

Surprisingly, AALM had the same MIC (7.81 mg/ml) for both *E. coli* and *S. aureus*, this is evocative of broadspectrum antibiotic compounds with activity against both gram-positive and gram-negative bacteria.

AASM and extract combination (AASW and AALW) had the highest antimicrobial activity (MIC=3.90 mg/ ml) against P. aeruginosa as shown in Table 7. AASM and AASW had a high concentration of saponins which have bactericidal activity and inhibit the formation of biofilms, which exposes P. aeruginosa cells to the activity of other bioactive compounds [75]. Combinations SGLM and AASW, SGLW and AASW had the same MIC values for E. coli and P. aeruginosa probably because both are gram-negative bacteria with many common structures as drug targets.

The extracts and combinations had high MIC values (1000 mg/ml and 500 mg/ml) (Table 7) against C. albicans interpretable as a low antifungal activity just as indicated by the zone of inhibitions (Table 6). This low antifungal activity could be attributed to the usage of brain heart infusion broth instead of RPMI 1640 medium supplemented with morpholinepropanesulfonic acid (MOPS) as recommended by the Clinical and Laboratory Standards Institute (CLSI) guidelines for antifungal activity testing. A similar study comparing the antifungal activity of fungal agents (hydroxy-itraconazole and itraconazole) against Candida albicans growing in different media including brain heart infusion (BHI), showed that the media significantly influences the determination of MIC end points in that MIC end points of both drugs could not be determined in brain heart infusion [76]. Furthermore, this low antifungal activity is probably due to limited concentrations of antifungal compounds like anthraquinones and anthocyanins that have been reported as antifungal [77–79] with in the extracts. AALW had no anti-fungal activity however its combination with SGLM showed activity (MIC=500 mg/ ml) compared to that of SGLM (MIC=1000 mg/ml) as a result of synergistic interaction between the two species. It has been earlier reported that plant extracts with no antimicrobial activity when mixed with antimicrobial active compounds, may induce a much stronger antimicrobial activity [80]. For example, chlorhexidine's zone of inhibition against C. albicans was 30.3-19.3 mm, but in combination with the ethyl acetate extract (100 mg/mL) of Tanacetum vulgare, there was an increase in the inhibition (32.7–30 mm), indicating synergistic effect [81].

Minimum Bactericidal Concentration (MBC)

The MBC of the extracts against S. aureus ATCC 2592, E. coli ATCC 25,922 and P. aeruginosa ATCC 27,853 ranged between 15.62 mg/ml to 500 mg/ml, 250 mg/ml to 500 mg/ml and 250 mg/ml to 500 mg/ml respectively as shown in Table 8. These results in Table 8, indicate that the plant extracts had variable bactericidal activity. Symphonia globulifera leaf water extract had the

Table 8 The minimum bactericidal and fungicidal concentration of Allophylus abyssinicus and Symphonia globulifera extracts

Extract	MBC (mg/ml)			MFC (mg/ml)
	Staphylococcus aureus ATCC 25923	Escherichia coli ATCC 25922	Pseudomonas aeruginosa ATCC 27853	Candida Albicans ATCC 10231
AALW	31.25	250.00	500.00	N/A
AALM	62.50	250.00	250	a
SGLW	15.62	500.00	250	N/A
SGLM	125.00	500.00	250	a
AASW	31.25	a	250	N/A
SGSM	250.00	250.00	250	a
SGSW	500.00	500.00	250	N/A
AASM	250.00	250.00	a	a

Key: N/A No antifungal Activity, AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus leaf methanol extract, SGLW Symphonia globulifera leaf water extract, SGLM Symphonia globulifera leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract, SGSM Symphonia alobulifera stem bark methanol extract, SGSW Symphonia globulifera stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract

lowest minimum bactericidal concentration (15.625 g/ ml) against S. aureus.

There was less variation in the MBC values of the extracts against E. coli. Allophylus abyssinicus leaves water extract, A. abyssinicus leaves methanol extract, A. abyssinicus stem bark methanol extract and S. globulifera stem bark methanol extract showed the lowest but same MBC (250 mg/ml) against E. coli. Similarly, five of the extracts (AALM, SGLW, SGLM, AASW, SGSM, SGSW) had the lowest MBC (250 mg/ml) against P. aeruginosa. The water and methanolic stem bark extracts of A. abyssinicus had a bacteriostatic activity against E. coli and P. aeruginosa respectively. The mode of action of the plant extracts that leads to the death of the bacterial cells is not well understood. However, it has been proposed that plant extracts induce bacterial cell death through the interaction of antimicrobial components of the plant extracts with enzymes and proteins of the microbial cell membrane. Hence disrupting microbial cell membrane to disperse high amounts of protons towards the cell exterior which induces cell death [82, 83]. Alternatively, it has been thought that hydrophobicity characters of plant extracts react with proteins of microbial cell membrane and mitochondria which affects their permeability resulting in cell death [30, 84]

None of the extracts or combinations with antifungal activity (AALM, SGLM, SGSM, AASM, AASW) had fungicidal activity against C. albicans.

^a Bacteriostatic or fungistatic extract

Total antibacterial activity and total antifungal activity (TAA)

The total antimicrobial activity of the extracts is a pharmacologically useful measure to compare the antimicrobial efficacy of different plants since it takes into account both the anti-microbial activity and the quantity extracted from the plant material. The total activity of the extract is expressed in ml/g and is the volume of solvent that can be added to the extract obtained from 1 g of plant material that will still inhibit the growth of the specific pathogen [85]. Generally, the TAA of the extracts was highest when tested against S. aureus, followed by E. coli and least with C. albicans as shown in Table 9. AASM had the highest TAA against S. aureus $(33.04 \times 10^{0} \text{ ml/g})$, P. aeruginosa $(1.35 \times 10^{-1} \text{ ml/g})$ and C. albicans $(2.71 \times 10^{-4} \text{ ml/g})$. AALM had the highest TAA (1.13 \times 10⁰ ml/g) against *E. coli* as shown in Table 9. Based on the TAA, A. abyssinicus leaves and stem bark powder had a high concentration of antimicrobial compounds and would require a high volume of solvent to dissolve it before it loses its antimicrobial activity compared to the S. globulifera. Therefore, A. abyssinicus stem bark would be the best choice for the treatment and development of drugs for ailments caused by S. aureus and P. aeruginosa. Elisha and collegues [85] report higher TAA values for Bolusanthus speciosus, Calpurnia aurea, Maesa lanceolata, Hypericum roeperianum and Cremaspora triflora against E. coli compared to those of S. globulifera and A. abyssinicus reported by this study. TAA of plant extract against any pathogen significant for publication should at least be 100 ml/g [39], however all TAA values of the current study were all below 100 ml/g hence not significant.

Table 9 Total antimicrobial activity of *Symphonia globulifera* and *Allophylus abyssinicus* extracts

Extract	TAA (ml/g)			
	Staphylococcus aureus	Escherichia coli	Pseudomonas Aeruginosa	<i>Candida</i> albicans
AALW	7.08×10^{0}	9.06×10^{-1}	1.16 × 10 ⁻¹	N/A
AALM	8.83×10^{0}	1.13×10^{0}	3.59×10^{-2}	7.17×10^{-5}
AASW	18.34×10^{0}	5.82×10^{-1}	7.45×10^{-2}	1.49×10^{-4}
AASM	33.04×10^{0}	5.29×10^{-1}	1.35×10^{-1}	2.71×10^{-4}
SGLW	11.83×10^{0}	7.57×10^{-1}	2.40×10^{-2}	N/A
SGLM	2.04×10^{0}	8.15×10^{-3}	2.59×10^{-4}	3.00×10^{-7}
SGSM	5.56×10^{0}	2.22×10^{-2}	7.06×10^{-4}	7.00×10^{-7}
SGSW	10.16×10^{0}	8.13×10^{-2}	6.51×10^{-4}	N/A

Key: N/A No Antifungal Activity, SGLW Symphonia globulifera leaf water extract, SGLM Symphonia globulifera leaf methanol extract, SGSW Symphonia globulifera stem bark water extract, SGSM Symphonia globulifera stem bark methanol extract, AALW Allophylus abyssinicus leaf water extract, AALM Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark water extract, AASM Allophylus abyssinicus stem bark methanol extract

However, they inform us on the variable overall antimicrobial activity of the leaves and stem bark of *S. globulifera* and *A. abyssinicus*.

Fractional inhibitory concentration indices

The selected S. globulifera and A. abyssinicus extract combinations observed in the current study had antagonistic, indifferent, additive and synergistic interactions against S. aureus, E. coli and P. aeruginosa as shown in Table 10. Allophylus abyssinicus leaves water extract and S. globulifera leaves methanol extract combination showed a synergistic effect ($\Sigma FICI = 0.3739$) against S. aureus. Synergism arises as a result of mutual interaction between the extracts in that each enhances the activity of the other or as a result of a reaction between the two extracts forming a new component with a much high activity against the pathogen [86]. Furthermore, the combination of plant extracts increases the diversity of bioactive compounds which increases the number of drug targets that the combination can attack hence strong synergistic antimicrobial activity [87]. Interestingly extract combinations with AASW i.e. (AASW and AALW, SGLM and AASW, SGLW and AASW) had an additive combination effect against S. aureus which suggests that AASW could have a contributory effect in enhancing the potency and the activity of other extracts against S. aureus.

Both extract combinations SGLW and SGLM, SGLM and AASW had an additive effect against the growth of *E*. coli indicative of extract mutually exclusive antimicrobial activity against the bacteria with no chemical interaction between the extracts [41]. Focusing on *P. aeruginosa*, AASW and AALW combination had an additive effect with the lowest fractional inhibitory concentration index (ΣFICI=1) against P. aeruginosa and all other combinations had either antagonistic or indifferent activity. Plant extract combination studies [88–90] mainly assume that each extract is a single bioactive compound yet the phytochemical composition of any plant extract is naturally diverse with high chemical complexity hence a range of pharmacological effects [91, 92]. It is worth noting that revelations of synergy, additive, non-interactive and antagonism are all equally important in phytotherapy. Plant extract combinations with synergistic and additive effects can be chosen for the development of combination phytotherapy.

Conclusion

Symphonia globulifera and Allophylus abyssinicus stem bark and leaves contain a wide range of bioactive compounds with antimicrobial activity for example tannins, alkaloids, flavonoids, quinones, anthraquinones

Table 10 Fractional inhibitory concentration indices of extract combinations of *Symphonia globulifera* and *Allophylus abyssinicus* against *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa*

Microorganism	Extract 1	Extract 2	FIC (1)	FIC (2)	ΣFIC	Combination Effect
Staphylococcus aureus	SGLW	AALW	4	2	6	Antagonistic
	SGLW	SGLM	1	0.2478	1.2478	Indifferent
	AASW	AALW	0.5	0.25	0.75	Additive
	SGLM	AASW	0.1239	0.5	0.6239	Additive
	SGLW	AASW	0.5	0.5	1	Additive
	AALW	SGLM	0.25	0.1239	0.3739	synergistic
Escherichia	SGLW	AALW	2	4	6	Antagonistic
coli	SGLW	SGLM	1	0.0625	1.0625	Additive
	AASW	AALW	0.2478	1	1.2478	Indifferent
	SGLM	AASW	0.0625	0.4957	0.5582	Additive
	SGLW	AASW	1	0.4957	1.4957	Indifferent
	AALW	SGLM	2	0.0625	2.0625	Indifferent
Pseudomonas aeruginosa	SGLW	AALW	0.2478	1	1.2478	Indifferent
	SGLW	SGLM	0.9914	0.9914	1.9828	Indifferent
	AASW	AALW	0.5	0.5	1	Additive
	SGLM	AASW	0.4957	2	2.4957	Indifferent
	SGLW	AASW	0.4957	2	2.4957	Indifferent
	AALW	SGLM	8	1.9828	9.9828	Antagonistic

Combination Scale Σ FIC = \leq 0.5:- Synergistic, > 0.5-1:-Additive, > 1-4:- Indifferent/Non interactive, > 4:-Antagonistic (Van Vuuren & Viljoen, 2011) [41]

SGLW Symphonia globulifera leaf water extract, AALW Allophylus abyssinicus leaf water extract, SGLM Symphonia globulifera leaf methanol extract, AASW Allophylus abyssinicus stem bark water extract

among others. However, antimicrobial assays proved that the water and methanolic crude extracts of both *S*. globulifera and A. abyssinicus stem bark and leaves had weak antimicrobial activity against S. aureus, E. coli, P. aeruginosa and C. albicans, but the extracts have a higher antibacterial activity than antifungal activity. Interestingly, the leaves of both plants had higher total antibacterial activity (TAA) than the stem bark, therefore leaves rather than the stem bark should be utilized for large-scale development of phyto-remedies from these plants. The current study has only offered a preliminary phytochemical profile within the plant extracts, we therefore recommend further studies using methods like liquid chromatography-mass spectrometry for isolation, and identification of different compounds. Last but not least, in vivo antimicrobial activity of these extracts and phytochemical compounds present in the extracts of the S. globulifera and A. abyssinicus would offer more insight into understanding their bioactivity.

Acknowledgements

We acknowledge and thank the Institute of Tropical Forest Conservation (ITFC), Bwindi Impenetrable Forest National Park management and Uganda Wild life authority for the permission and support during the collection of samples. The Department of Biology, Department of Microbiology and Parasitology and Department of Pharmacy, Mbarara University of Science and Technology are thanked for the provision of laboratory facilities and equipment used in this study. Lastly, we thank Mr.

Christopher Byaruhanga, Ms. Aisha Babirye, Mr. David Mubiru, Mr. Nickson Araka and Mr. James Mwesigye for their assistance either during field or laboratory work.

Authors' contributions

BL, RW and GRK conceptualized and designed the study. The study experiments were conducted by BL, RW and COA. GRK and RW supervised the study. BL drafted the manuscript. All authors read and approved the final version of the manuscript.

Funding

The study was funded by the Africa Center of Excellence in Materials, Product Development and Nanotechnology (MAPRONANO ACE II), Makerere University with funding from the World Bank.

Availability of data and material

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

The research protocol was approved by Uganda Wildlife Authority (UWA) under reference number COD/96/05 and the Institutional Research Ethics committee at Mbarara University of Science and Technology, under reference number MUREC 1/7. All methods used in sample collection and processing and were sustainable and in compliance with the Uganda Wildlife Authority (UWA), Uganda National Council of Science and Technology, Convention on the Trade in Endangered Species of Wild Fauna and Flora guidelines for experimental research and field studies on plants and IUCN Policy Statement on Research Involving Species at Risk of Extinction.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Author details

¹Department of Biology, Mbarara University of Science and Technology, P.O. Box 1410, Mbarara, Uganda. ²Department of Pharmacy, Mbarara University of Science and Technology, P.O. Box 1410, Mbarara, Uganda.

Received: 22 February 2022 Accepted: 31 July 2022 Published online: 23 August 2022

References

- Yuan H, Ma Q, Ye L, Piao G. The traditional medicine and modern medicine from natural products. Molecules. 2016;21(5):559. https://doi.org/10. 3390/molecules21050559.
- World Health Organization. WHO Global report on traditional and complementary medicine 2019. In World Health Organization. 2019 https://apps.who.int/iris/bitstream/handle/10665/312342/9789241515436-eng.pdf?ua=1
- WHO. WHO Traditional Medicine Strategy 2002–2005. In World Health Organisation Geneva. World Health Organization. 2002. http://www.wpro.who.int/health_technology/book_who_traditional_medicine_strategy_2002_2005.pdf
- Oyebode O, Kandala NB, Chilton PJ, Lilford RJ. Use of traditional medicine in middle-income countries: a WHO-SAGE study. Health Policy Plan. 2016;31(8):984–91. https://doi.org/10.1093/heapol/czw022 Epub 2016 Mar 30. PMID: 27033366; PMCID: PMC5013777.
- Qi Z. The WHO traditional medicine strategy 2014–2023: Background and progress in the last decade. Global Health History Seminar on Traditional Medicine and Ayurveda. 2015. p. 1–28.
- Newman DJ, Cragg M, Snader KM, December C. The influence of natural products upon drug discovery. Nat Prod Rep. 2000;17(3):215–34. https:// doi.org/10.1039/a902202c.
- Fromentin Y, Cottet K, Kritsanida M, Michel S, Gaboriaud-Kolar N, Lallemand MC. Symphonia globulifera, a widespread source of complex metabolites with potent biological activities. Planta Med. 2015;81(02):95–107.
- Katende AB, Birnie A, Tengnäs B. Useful Trees and Shrubs for Uganda (1st ed.). Regional Land Management Unit (RELMA); 2000. http://books. google.co.jp/books?id=sZYfAQAAIAAJ
- Ssegawa P, Kasenene JM. Medicinal plant diversity and uses in the Sango bay area, Southern Uganda. J Ethnopharmacol. 2007;113(3):521–40. https://doi.org/10.1016/j.jep.2007.07.014.
- Simoben CV, Ntie-Kang F, Akone SH, Sippl W. Compounds from African Medicinal Plants with Activities Against Selected Parasitic Diseases: Schistosomiasis, Trypanosomiasis and Leishmaniasis. Natural Products Bioprospecting. 2018;8(3):151–69. https://doi.org/10.1007/ s13659-018-0165-y.
- Fromentin Y, Gaboriaud-Kolar N, Lenta BN, Wansi JD, Buisson D, Mouray E, Michel S. Synthesis of novel guttiferone A derivatives: in-vitro evaluation toward Plasmodium falciparum, Trypanosoma brucei and Leishmania donovani. Eur J Med Chem. 2013;65:284–94.
- Lenta BN, Vonthron-Sénécheau C, Weniger B, Devkota KP, Ngoupayo J, Kaiser M, Naz Q, Choudhary MI, Tsamo E, Sewald N. Leishmanicidal and cholinesterase inhibiting activities of phenolic compounds from Allanblackia monticola and Symphonia globulifera. Molecules. 2007;12(8):1548–57. https://doi.org/10.3390/12081548.
- Chavan RBB, Gaikwad DK. The Ethnobotany, Phytochemistry and Biological Properties of Allophylus Species Used in Traditional Medicine: a Review. World J Pharmacy Pharmaceutical Sci. 2016;5(11):664–82. https://doi.org/10.20959/wjpps201611-8039.
- Yesuf A, Asres K. Wound healing and antiinflammatory properties of Allophylus abyssinicus (Hochst.) Radlk. Phytopharmacology. 2013;4(2):442–53.
- Aydagnehum SG, Girma Z. An ethnobotanical study of medicinal plants in Debre Libanos Wereda, Central Ethiopia. African J Plant Sci. 2014;8(7):366–79. https://doi.org/10.5897/AJPS2013.1041.
- Gijan M, Dalle G. Ethnobotanical Study of Medicinal Plants in Nagelle Arsi District, West Arsi Zone of Oromia, Ethiopia. J Natural Sci Res. 2019;9(13):1–19. https://doi.org/10.7176/JNSR.

- Rothman JM, Dierenfeld ES, Molina DO, Shaw AV, Hintz HF, Pell AN. Nutritional chemistry of foods eaten by gorillas in Bwindi Impenetrable National Park, Uganda. Am J Primatol. 2006;68(7):675–91.
- Babaasa D, Eilu G, Kasangaki A, Bitariho R, Mcneilage A. Gap characteristics and regeneration in Bwindi Impenetrable National Park, Uganda. African J Ecol. 2004;42(3):217–24.
- Delvaux C. Responses to bark harvesting of medicinal tree species from Forêt Classée des Monts Kouffé, Benin (Issue September).
 2009. http://www.africamuseum.be/publication_docs/PhD Thesis Delvaux 2009.pdf
- Ingram V, Loo J, Vinceti B, Dawson I, Muchugi A, Duminil J, Tchoundjeu Z. Ensuring the future of the pygeum tree (Prunus africana)-Briefing on Prunus africana cultivation and harvesting. 2015.
- Khumalo SG, Fröde A, Sola P. Guidelines for the Sustainable Harvesting of Traditional Medicinal Plants in Zimbabwe. Southern Alliance for Indigenous Resources. 2006.
- Pandey AK, Yadav S, Sahu SK. Sustainable bark harvesting and phytochemical evaluation of alternative plant parts in Holarrhena antidysenterica R. Br. Sans (Kutaj). Int J Green Pharmacy. 2011;5(2):107–12. https:// doi.org/10.4103/0973-8258.85166.
- 23. Balakrishna T, Vidyadhara S, Sashidhar R, Ruchitha B, VenkataPrathyusha EA. review on extraction techniques. Indo Am J Pharmaceutical Sci. 2016;3(8):880–91 (http://www.iajps.com).
- 24. Handa Pang Z, Raudonis R, Glick BR, Lin TJ, Cheng Z. Antibiotic resistance in Pseudomonas aeruginosa: mechanisms and alternative therapeutic strategies. Biotechnol Adv. 2019;37(1):177–92. https://doi.org/10.1016/j.biotechadv.2018.11.013.
- Agber CT, Sewuese S, Akacha LU. Preliminary Phytochemical Screening and Thin Layer Chromatography Analysis of Stem Bark Extracts of African Mistletoe Parasitic on Vitellaria paradoxa, Piliostigma thonningii and Combretum fragrans. Asian J Applied Chem Res. 2019;3(2):1–6. https:// doi.org/10.9734/ajacr/2019/v3i230087.
- Evans, WC. Trease and Evans Pharmacognosy (15th ed.). Saunders Elsevier: 2002.
- Isebe TI. Phytochemical Composition And Antibacterial Activity Of Eichhornia Crassipes In Lake Victoria Kisumu. Int J Sci Technol Res. 2015;4(8):45–52.
- Jacqueline I. Efficacy of some medicinal plants used in various parts of Kenya in treating selected bacterial and fungal pathogens. Kenyatta University: 2015.
- Mariita RM, Ogol CKPO, Oguge NO, Okemo PO. Antitubercular and phytochemical investigation of methanol extracts of medicinal plants used by the samburu community in Kenya. Trop J Pharm Res. 2010;9(4):379–85. https://doi.org/10.4314/tjpr.v9i4.58935.
- 30. Tiwari P, Bimlesh K, Kaur M, Gurpreet K, Kau H. Phytochemical screening and Extraction: A Review. Int Pharm Sciencia. 2011;1(1):99–105.
- Uboh I, Ituen A, Chidozie E, Uchendu A. Phytochemical and Antibacterial Activities of Some Selected African Medicinal Plant Extracts on Methicillin-Resistant and Methicillin-Sensitive Staphylococcus Aureus. J Dental Med Sci (IOSR-JDMS). 2018;17(10):72–8. https://doi.org/10.9790/ 0853-1710017278.
- 32. Abubakar N, Shehu K, Yahaya MM, Tafinta IY, Imonikhe MA. Phytochemical Screening and Thin Layer Chromatographic Studies of Guierasenegalensis G. F Gmel (Egyptian mimosa). Annals Biological Sci. 2016;4(1):26–30.
- 33. Reshmi SK, Aravinthan KM, Devi PS. Antimicrobial activity of Basella alba fruit. Int J Pharm Sci Res. 2012;3(12):4757.
- Roger T, Pierre-marie M, Igor VK, Patrick VD. Phytochemical screening and antibacterial activity of medicinal plants used to treat typhoid fever in Bamboutos division, West Cameroon. J Applied Pharmaceutical Sci. 2015;5(06):34–49. https://doi.org/10.7324/JAPS.2015.50606.
- Guarro J, Soler L, Rinaldi MG. Pathogenicity and antifungal susceptibility of Chaetomium species. Eur J Clin Microbiol Infect Dis. 1995;14(7):613–8. https://doi.org/10.1007/BF01690737.
- Pujol I, Guarro J, Llop C, Soler L, Fernández-Ballart J. Comparison study of broth macrodilution and microdilution antifungal susceptibility tests for the filamentous fungi. Antimicrob Agents Chemother. 1996;40(9):2106– 10. https://doi.org/10.1128/aac.40.9.2106.
- CLSI. CLSI standard MO7. In: Wayne PA, editor. Clinical Laboratory Standards Institute, Methods for dilution antimicrobial susceptibility tests for bacteria that grow aerobically. 11th ed. 2018. p. 1–2.

- Samie A, Tambani T, Harshfield E, Green E, Ramalivhana JN, Bessong PO. Antifungal activities of selected venda medicinal plants against candida albicans, Candida krusei and cryptococcus neoformans isolated from South African AIDS patients. Afr J Biotech. 2010;9(20):2965–76. https:// doi.org/10.5897/AJB2010.000-3129.
- Eloff JN. Quantification the bioactivity of plant extracts during screening and bioassay guided fractionation. Phytomedicine. 2004;11(4):370–1. https://doi.org/10.1078/0944711041495218.
- Famuyide IM, Aro AO, Fasina FO, Eloff JN, Mcgaw LJ. Antibacterial and antibiofilm activity of acetone leaf extracts of nine under-investigated south African Eugenia and Syzygium (Myrtaceae) species and their selectivity indices. Complement Altern Med. 2019;19:141. https://doi.org/ 10.1186/s12906-019-2547-z.
- Van Vuuren S, Viljoen A. Plant-based antimicrobial studies methods and approaches to study the interaction between natural products. Planta Med. 2011;77(11):1168–82. https://doi.org/10.1055/s-0030-1250736.
- Zonyane S, Van Vuuren SF, Makunga NP. Antimicrobial interactions of Khoi-San poly-herbal remedies with emphasis on the combination; Agathosma crenulata, Dodonaea viscosa and Eucalyptus globulus. J Ethnopharmacol. 2013;148(1):144–51. https://doi.org/10.1016/j.jep.2013. 04.003
- 43. Wakeel A, Jan SA, Ullah I, Shinwari ZK, Xu M. Solvent polarity mediates phytochemical yield and antioxidant capacity of Isatis tinctoria. PeerJ. 2019;2019(10):1–19. https://doi.org/10.7717/peerj.7857.
- DH Truong, DH Nguyen, NTA Ta, AV Bui, TH Do, HC Nguyen. Evaluation of the use of different solvents for phytochemical constituents, antioxidants, and in vitro anti-inflammatory activities of severinia buxifolia J Food Qual 2019;2019https://doi.org/10.1155/2019/8178294
- Iloki-Assanga SB, Lewis-Luján LM, Lara-Espinoza CL, Gil-Salido AA, Fernandez-Angulo D, Rubio-Pino JL, Haines DD. Solvent effects on phytochemical constituent profiles and antioxidant activities, using four different extraction formulations for analysis of Bucida buceras L. and Phoradendron californicum. BMC Res Notes. 2015;8:396. https://doi.org/ 10.1186/s13104-015-1388-1.
- Xuan Cuong, D., Xuan Hoan, N., Huu Dong, D., Thi Minh Thuy, L., Van Thanh, N., Thai Ha,H., Thi Thanh Tuyen, D., & Xuan Chinh, D. (2020). Tannins: Extraction from Plants. In Tannins - Structural Properties, Biological Properties and Current Knowledge (pp. 1–20). IntechOpen. https://doi. org/10.5772/intechopen.86040.
- Hussain HSN, Deeni YY. Plants in Kano Ethnomedicine; Screening for Antimicrobial Activity and Alkaloids. Int J Pharmacogn. 1991;29(1):51–6. https://doi.org/10.3109/13880209109082849.
- RP Hutabarat, YD Xiao, H Wu, J Wang, DJ Li, WY Huang. Identification of anthocyanins and optimization of their extraction from rabbiteye blueberry fruits in Nanjing. J Food Qual. 2019;2019.https://doi.org/10.1155/ 2019/6806790
- El-Najjar N, Gali-Muhtasib H, Ketola RA, Vuorela P, Urtti A, Vuorela H. The chemical and biological activities of quinones: Overview and implications in analytical detection. Phytochem Rev. 2011;10(3):353–70. https://doi. org/10.1007/s11101-011-9209-1.
- Asante I, Owusu E, Essilfie M, Amuzuah O. Phytochemical investigation and thin layer chromatography of methanolic extracts of some selected grain legumes. J Pharmacognosy Phytochemistry JPP. 2016;5(53):240–4.
- Udeozo I, Ejikeme C, Eboatu A, Arinze R, Kelle H. An Assay of Characteristics, Chemical Constituents and Functional Group Analysis of Cordia Milleni: A Tropical Timber. Int J Life Sci Res. 2016;4(2):29–36.
- 52. Dutta J. Phytochemicals Analysis and Tlc Fingerprinting of Methanolic Extracts of Three Medicinal Plants. Int R J Pharmacy. 2013;4(6):123–6. https://doi.org/10.7897/2230-8407.04627.
- S Chandra, S Khan, B Avula, H Lata, MH Yang, MA Elsohly, IA Khan. Assessment of total phenolic and flavonoid content, antioxidant properties, and yield of aeroponically and conventionally grown leafy vegetables and fruit crops: A comparative study. Evidence-Based Complement Alternat Med. 2014;2014.https://doi.org/10.1155/2014/253875
- Altemimi A, Lakhssassi N, Baharlouei A, Watson DG, Lightfoot DA. Phytochemicals: Extraction, isolation, and identification of bioactive compounds from plant extracts. Plants. 2017;6(4):42. https://doi.org/10. 3390/plants6040042.
- Chung KT, Wong TY, Wei CI, Huang YW, Lin Y. Tannins and human health: A review. Crit Rev Food Sci Nutr. 1998;38(6):421–64. https://doi.org/10. 1080/10408699891274273.

- Mabhiza, et al. Antibacterial Properties of Alkaloid Extracts from Callistemon citrinus and Vernonia adoensis against Staphylococcus aureus and Pseudomonas aeruginosa. Int J Med Chem. 2016;2016:6304163. https://doi.org/10.1155/2016/6304163.
- Mbaveng, A. T., Hamm, R., & Kuete, V. (2014). Harmful and Protective Effects of Terpenoids from African Medicinal Plants. In Toxicological Survey of African Medicinal Plants (pp. 557–576). Elsevier Inc. https://doi. org/10.1016/8978-0-12-800018-2.00019-4
- Siddiquee, S. (2014). Recent Advancements on the Role and Analysis of Volatile Compounds (VOCs) from Trichoderma. In Biotechnology and Biology of Trichoderma (pp. 139–175). Elsevier. https://doi.org/10.1016/ B978-0-444-59576-8.00011-4
- Sparg SG, Light ME, van Staden J. Biological activities and distribution of plant saponins. J Ethnopharmacol. 2004;94(2–3):219–43. https://doi.org/ 10.1016/j.jep.2004.05.016.
- Bhalodia NR, Shukla VJ. Antibacterial and antifungal activities from leaf extracts of Cassia fistula I.: An ethnomedicinal plant. J Adv Pharmaceutical Technol Res. 2011;2(2):104–9. https://doi.org/10.4103/2231-4040.82956.
- Murugan T, Wins J, Murugan M. Antimicrobial Activity and Phytochemical Constituents of Leaf Extracts of Cassia auriculata. Indian J Pharm Sci. 2013;75(1):122–5. https://doi.org/10.4103/0250-474X.113546.
- Campanini-Salinas J, Andrades-Lagos J, Rocha GG, Choquesillo-Lazarte D, Dragnic SB, Faúndez M, Alarcón P, Silva F, Vidal R, Salas-Huenuleo E, Kogan M, Mella J, Gajardo GR, Vásquez-Velásquez D. A new kind of quinonic-antibiotic useful against multidrug-resistant S aureus and E faecium Infections. Molecules. 2018;23(7):1776. https://doi.org/10.3390/molecules23071776.
- 63. Cowan MM. Plant products as antimicrobial agents. Clin Microbiol Rev. 1999;12(4):564–582. https://doi.org/10.1128/CMR.12.4.564.
- Oliveira AA, Segovia JFO, Sousa VYK, Mata ECG, Gonçalves MCA, Bezerra RM, et al. Antimicrobial activity of amazonian medicinal plants. Springer-Plus. 2013;1–6. https://doi.org/10.1186/2193-1801-2-371.
- Silva A, Nascimento S. Antimicrobial activity and phytochemical analysis of organic extracts from Cleome spinosa Jaqc. Front Microbiol. 2016;7(1):1–10. https://doi.org/10.3389/fmicb.2016.00963.
- Pang Z, Raudonis R, Glick BR, Lin TJ, Cheng Z. Antibiotic resistance in Pseudomonas aeruginosa: mechanisms and alternative therapeutic strategies. Biotechnol Adv. 2019;37(1):177–92. https://doi.org/10.1016/j. biotechadv.2018.11.013.
- 67. Trentin DS, Silva DB, Amaral MW, Zimmer KR, Silva MV, Lopes NP, Giordani RB, Macedo AJ. Tannins Possessing Bacteriostatic Effect Impair Pseudomonas aeruginosa Adhesion and Biofilm Formation. PLoS ONE. 2013;8(6):e66257. https://doi.org/10.1371/journal.pone.0066257.
- Seleem D, Pardi V, Murata RM. Review of flavonoids: A diverse group of natural compounds with anti-Candida albicans activity in vitro. Arch Oral Biol. 2017;76:76–83. https://doi.org/10.1016/j.archoralbio.2016.08.030.
- Askun T, Tumen G, Satil F, Kilic T, Askun T, Tumen G, Satil F, Kilic T. Effects of Some Lamiaceae Species Methanol Extracts on Potential Mycotoxin Producer Fungi Effects of Some Lamiaceae Species Methanol Extracts on. Pharm Biol. 2009;46(10–11):688–94. https://doi.org/10.1080/13880200802215792.
- Othman L, Sleiman A, Abdel-Massih RM. Antimicrobial activity of polyphenols and alkaloids in middle eastern plants. Front Microbiol. 2019;10:911. https://doi.org/10.3389/fmicb.2019.00911.
- 71. Lenta BN, Ngouela S, Noungoue DT, Tsamo E, Connolly JD. Symphonin: A new prenylated pyranoxanthone with antimicrobial activity from the seeds of Symphonia globulifera (Guttiferae). Bull Chem Soc Ethiop. 2004;18(2):175–80. https://doi.org/10.4314/bcse.v18i2.61439.
- 72. Mkoungaa P, Fomuma ZT, Meyerb M, Bodob B, Nkengfacka AE. Globulixanthone F, a New Polyoxygenated Xanthone with from the Stem Bark of Symphonia globulifera. Nat Prod Commun. 2009;4(6):803–8.
- Atef NM, Shanab SM, Negm SI, Abbas YA. Evaluation of antimicrobial activity of some plant extracts against antibiotic susceptible and resistant bacterial strains causing wound infection. Bulletin of the National Research Centre. 2019;43(144). https://doi.org/10.1186/ s42269-019-0184-9
- D Debalke, M Birhan, A Kinubeh, M Yayeh. Assessments of Antibacterial Effects of Aqueous-Ethanolic Extracts of Sida rhombifolia's Aerial Part. Sci World J. 2018;2018https://doi.org/10.1155/2018/8429809
- C Ana, J Stankovic, D Gođevac, V Teševic. Antibacterial and Antibio fi Im Activity of Flavonoid and Saponin Derivatives from Atriplextatarica against Pseudomonas aeruginosa´. J Nat Prod 2019;82. https://doi.org/10. 1021/acs.jnatprod.8b00970

- Mikami Y, Sakamoto T, Yazawa K, Gonoi T, Ueno Y, Hasegawa S. Comparison of in vitro antifungal activity of itraconazole and hydroxy-itraconazole by colorimetric MTT assay: Vergleich der antimyzetischen Aktivität von Itraconazol und Hydroxy-Itraconazol in vitro im kolorimetrischen MTT-Test. Mycoses. 1994;37(1–2):27–33.
- de Barros IB, de Souza Daniel JF, Pinto JP, Rezende MI, Filho RB, Ferreira DT. Phytochemical and antifungal activity of anthraquinones and root and leaf extracts of coccoloba mollis on phytopathogens. Braz Arch Biol Technol. 2011;54(3):535–41. https://doi.org/10.1590/s1516-89132011000300015.
- Sakunpak A, Sirikatitham A, Panichayupakaranant P. alata extract and its stability Preparation of anthraquinone high-yielding Senna alata extract and its stability. Pharmaceutical Biology. 2009;0209.https://doi.org/10. 1080/13880200802434757
- 79. Wen H, Kang J, Li D, Wen W, Yang F, Hu H, Liu C. Antifungal Activities of Anthocyanins from Purple Sweet Potato in the Presence of Food Preservatives. Food Sci Biotechnol. 2016;25(1):165–71. https://doi.org/10.1007/s10068-016-0025-7.
- Nascimento GGF, Locatelli J, Freitas PC, Silva GL. Antibacterial activity of plant extracts and phytochemicals on antibiotic-resistant bacteria. Braz J Microbiol. 2000;31(4):247–56. https://doi.org/10.1590/S1517-8382200000 0400003
- Kameri A, Koçani F, Hashani Z, Kurteshi K, Kamberi B, Kurti A, Haziri A. Antifungal and Synergistic Effects of the Ethyl Acetate Extract of Tanacetum vulgare (L) Against Candida albicans. Med Sci Monitor Basic Res. 2019;25:179–86 10.12659/MSMBR.917394.
- Burt S. Essential oils: their antibacterial properties and potential applications in foods—a review. Int J Food Microbiol. 2004;94(3):223–53. https://doi.org/10.1016/j.ijfoodmicro.2004.03.022.
- 83. Mostafa AA, Al-askar AA, Almaary KS, Dawoud TM, Sholkamy EN, Bakri MM. Antimicrobial activity of some plant extracts against bacterial strains causing food poisoning diseases. Saudi J Biological Sci. 2018;25(2):361–6. https://doi.org/10.1016/j.sjbs.2017.02.004.
- Friedman M, Henika PR, Levin CE, Mandrell RE. Antibacterial activities of plant essential oils and their components against Escherichia coli O157:H7 and Salmonella enterica in apple juice. J Agri Food Chem. 2004;52:6042–8.
- Elisha I, Jambalang AR, Botha FS, Buys EM, Mcgaw LJ, Eloff JN. Potency and selectivity indices of acetone leaf extracts of nine selected South African trees against six opportunistic Enterobacteriaceae isolates from commercial chicken eggs. BMC Complement Altern Med. 2017;17(1):90. https://doi.org/10.1186/s12906-017-1597-3.
- Ndhlala AR, Stafford GI, Finnie JF, Van Staden J. Commercial herbal preparations in KwaZulu-Natal, South Africa: The urban face of traditional medicine.
 S Afr J Bot. 2011;77(4):830–43. https://doi.org/10.1016/j.sajb.2011.09.002.
- 87. Al-bayati FA. Synergistic antibacterial activity between Thymus vulgaris and Pimpinella anisum essential oils and methanol extracts. J Ethnopharmacol. 2008;116:403–6. https://doi.org/10.1016/j.jep.2007.12.003.
- Moussaoui F, Alaoui T. Evaluation of antibacterial activity and synergistic effect between antibiotic and the essential oils of some medicinal plants. Asian Pacific J Trop Biomed. 2016;6(1):32–7. https://doi.org/10.1016/j. apjtb.2015.09.024.
- Njimoh DL, Assob JCN, Mokake SE, Nyhalah DJ, Yinda CK, Sandjon B. Antimicrobial Activities of a Plethora of Medicinal Plant Extracts and Hydrolates against Human Pathogens and Their Potential to Reverse Antibiotic Resistance. Int J Microbiolog, 2015, 1–15. https://doi.org/10. 1155/2015/547156
- Olajuyigbe OO, Afolayan AJ. Evaluation of combination effects of ethanolic extract of Ziziphus mucronata Willd. subsp. mucronata Willd. and antibiotics against clinically important bacteria. The Scientific World Journal, 2013;2013. https://doi.org/10.1155/2013/769594
- 91. Bruneton, J. (2012). Principles of herbal pharmacology. In Principles and Practice of Phytotherapy: Modern Herbal Medicine (pp. 45–82). Elsevier. https://doi.org/10.1016/B978-0-443-06992-5.00002-5
- Bartnik M, Facey PC. Glycosides. In Pharmacognosy: Fundamentals, Applications and Strategy. Elsevier Inc; 2017. pp. 101–161. https://doi.org/ 10.1016/B978-0-12-802104-0.00008-1

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- $\bullet\,$ thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

